

2024

FAST FORWARD VOCATIONAL TRAINING
LTD

PHYSICAL INTERVENTION POLICY



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PREPARED BY:

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REVIEW DATE: 5TH SEPTEMBER 2025

PHYSICAL INTERVENTION POLICY

Policy Statement:

Fast Forward Vocational Training Ltd is committed to providing a safe and supportive learning environment for all students. This includes the use of physical intervention as a last resort when necessary to prevent harm to individuals, including themselves and others, and to maintain a secure and orderly educational setting. This policy outlines the principles and procedures governing the use of physical intervention by staff members.

Policy Objectives

1. To ensure the safety and well-being of all students and staff.
2. To minimise the use of physical intervention, emphasising de-escalation and prevention strategies.
3. To provide clear guidelines for the appropriate and proportional use of physical intervention.
4. To ensure that all staff members are trained in and aware of the procedures for physical intervention.
5. To comply with legal and regulatory requirements related to the use of physical intervention.

Roles and Responsibilities

- **Designated Safeguarding Lead (DSL):** The DSL is responsible for overseeing and monitoring the implementation of this policy.
- **Deputy Designated Safeguarding Lead:** The Deputy DSL will support the DSL in ensuring the policy's effectiveness.
- **Senior Instructors & Regional Leads:** Responsible for organising and providing regular training to staff on physical intervention techniques and de-escalation strategies.

Definition of Physical Intervention

Physical intervention refers to the use of reasonable force to control or restrain an individual in situations where there is an immediate risk of harm to themselves or others.

Principles of Physical Intervention

1. **Last Resort:** Physical intervention is a last resort when all other alternatives have been exhausted.
2. **Proportional:** The level of force used must be proportionate to the risk presented and should only be used to the extent necessary to prevent harm.
3. **Recording and Reporting:** All incidents involving physical intervention must be recorded promptly and reported to the DSL or Deputy DSL.

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Training and Certification

All staff members involved in the use of physical intervention will receive appropriate training in de-escalation techniques and physical intervention methods. Training will be provided by certified instructors, and staff members will be required to undergo regular refresher courses.

Review and Evaluation


This policy will be reviewed annually and updated as necessary. Any incidents involving physical intervention will be thoroughly reviewed to assess the effectiveness and appropriateness of the intervention and to identify areas for improvement.

Communication and Awareness

This policy will be communicated to all staff, students, and parents. Staff members will be regularly reminded of the principles and procedures outlined in this policy, and students and parents will be informed of their rights and responsibilities.

Review Date

This policy will be reviewed and, if necessary, revised annually. The next review date is 5th September 2025.



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